

Forest School Curriculum



Intent

Our Forest School curriculum aims to provide students with an immersive, hands-on learning experience in a natural outdoor environment. It focuses on fostering personal, social, and emotional development through regular, extended access to woodland and other outdoor spaces. Students will engage in a variety of activities that encourage exploration, creativity, and resilience, while developing a deep appreciation and understanding of the natural world.

Implementation

The curriculum is designed to be student-centred, allowing for inquiry-based learning and promoting critical thinking skills. Children will work through challenging and achievable tasks aimed at enhancing personal growth and developing self-confidence, independence and self-esteem. They will be pushed to improve their social skills through teamwork, communication, and conflict resolution activities and cooperative learning.

Forest School lessons will promote key skills and the knowledge learnt within the wider curriculum. Our students will enhance their PE skills as they will gain strength, coordination, and motor skills through active engagement with the natural environment. Their understanding of the world, gained through our geography curriculum, will be improved as they build their sense of responsibility and respect for nature.

Impact

At Bruche, we are committed to creating a nurturing and inclusive environment where every student can thrive, learn, and develop a lifelong love for the outdoors. Through this programme, we aim to inspire a generation of environmentally conscious individuals who are well-equipped to face future challenges with confidence and resilience. We understand the importance of developing and enhancing our children's mental health and wellbeing. Spending time in nature is linked to reduced stress, anxiety and depression, therefore, our Forest School environment provides our children with such an opportunity.