



Bruche Primary School Academy – Early Help Services for Children, Young People and Families

Bridgewater Community Healthcare unveil integrated service - October saw the launch of Bridgewater Community Healthcare's new integrated services for young people aged 0-19. The structure sees health services in Warrington such as speech and language therapy, oral hygiene and the Family Nurse Partnership among others come together. There is a single point of contact for families, young people and professionals through the email address of alwch.0to19@nhs.net

Fire service now accepting schools on safety courses - Cheshire Fire and Rescue service is now taking bookings for two new safety programmes. The first of these, called SafetyQuest, is aimed at year five and six pupils and consists of 15-minute quick-fire activities that help children to recognise everyday hazards, reduce risk and know what to do in an emergency. SafetyQuest and Lesson4Life are free but schools will have to arrange their transport. Further information and a booking form can be found on www.safetycentral.org.uk

Community Care assesses attachment-building programme for dads - The social work careers organisation Community Care has shared the learning from the evaluation of an attachment-building initiative for the fathers of at-risk children. An article about the programme, which was called Mellow Dads, can be seen on <http://www.communitycare.co.uk/2016/10/04/can-social-workers-better-engage-fathers/>

Cheshire Police launch guide to websites:

Cheshire Police has put together the following guide to help parents and professionals better understand websites often accessed by children:

YouTube - YouTube is a place to watch, create and share videos. Users can create their own YouTube account, make a music playlist, and even create their own channel. For younger children there is a separate YouTube for Kids site.

Snapchat - Snapchat is a photo messaging application. Users can take photos, record videos, add text and drawings, and send them to a controlled list of recipients. These sent photographs and videos are known as 'snaps'. Users set a time limit for how long recipients can view their snaps.

Instagram - Instagram is an online mobile photo-sharing, video-sharing and social

networking service that enables its users to take pictures and videos, and share them on a variety of social networking platforms, such as Facebook, Twitter, Tumblr and Flickr.

X - formerly Twitter - X is an online social networking service that enables users to send and read short messages called 'tweets'. Facebook After registering with the site, users can create a profile and add others as friends. Users can exchange messages, post status updates and photos, share videos and receive notifications when others update their profiles.

Omegle - Omegle is a free online chat website that allows users to communicate with strangers without registering. The service randomly pairs users in one-on-one chat sessions where they chat anonymously. The site now provides a mobile application that lets users chat with strangers from mobile devices. It should also be noted that the site has many problematic users, making it unsafe for children who will encounter sexual content on an almost continuous basis.

Oovoo - ooVoo is a video chat and instant messaging client developed.

Facetime - FaceTime is a videotelephony service that can be used on mobile devices.

Habbo (previously known as Habbo Hotel) - Habbo allows users to create their own Habbo character and design hotel rooms, meet new friends, chat with other players, organise parties, look after virtual pets, create and play games and complete quests.

Kik Messenger - Kik Messenger is an instant messaging application for mobile devices. It allows users to share photos, sketches, mobile webpages, and other content.

WhatsApp - WhatsApp is a cross-platform instant messaging subscription service for smartphones and selected feature phones that uses the internet for communication. In addition to text messaging, users can send each other images, video, and audio media messages as well as their location using integrated mapping features.

Bebo - Users receive a personal profile page where they can post blogs, photographs, music, videos, and questionnaires, which other users may answer.

Pokemon Go - O2 and the NSPCC have devised a parents' guide for keeping children who play Pokemon Go safe. For more information, visit www.o2.co.uk/help/nspcc/pokemon-go

Cheshire Police's YouTube advice to parents - Cheshire Police has put together the following tips for helping parents make YouTube safer for children.

Create an account in Google that is used by the whole family. When you make a shared Google account you can see exactly what videos your children are watching, uploading and sharing.

Once you have signed in to YouTube via the Family Google Account, the next thing to do is switch on restricted mode. If you scroll all the way to the bottom of the YouTube page you will see an option to turn on restricted mode. This will help keep out some, but not all, of the inappropriate stuff you don't want your kids to see. Remember that you have to save this option and you have to set it up for every browser that you use. So if you have multiple computers then you will have to do this on each one.

Sit down with you kids and go through the things that they like to watch. Most content they like will be attached to a channel. If you are happy with the content of the channel then ask your children to subscribe to it, this will then promote content to their feed when they log in. It also lets them know when new videos are available and hopefully this will stop some of the searching which may lead them into content they don't want to see.

If your children are into creating videos then make sure they are signed into the Family Account when they upload, and make sure they upload privately. When they click the upload button they can choose to upload as Public, Private or Unlisted. Private means that only people you choose can view the video. If you choose Unlisted then the video can only be viewed by a link generated within the video and this means that only people that you send the link to can view the video.

The last thing to do is disable the comments. By disabling this it stops people from making inappropriate comments on any video uploaded by them. YouTube is an amazing resource for knowledge and entertainment, as well as a great way for children to explore their creativity when making videos. By following these 5 tips you will make it a safer place, but remember you can't make it 100% safe, so keep having regular chats with your kids about what they are doing and take time to sit down with them and use YouTube together and have some fun as a family. Lastly don't forget that YouTube's own terms and conditions mean that it should not be used by anyone under 13 years of age. If your children are under 13 years of age then YouTube has created an App available on Google Play and Apple's App store especially for them

called YouTube for Kids. Remember though nothing is 100% safe so maintain an interest in what they are doing and keep having those important safety chats.

Cheshire Police offers e-safety advice - Cheshire Police is stressing the importance of e-safety for children. The force recommends parents and professionals check out the Parents Protect website and their sexting in schools e-booklet, as well as the advice and resource pack produced by the UK Council for Child Internet Safety. Also being promoted is a short film made by CEOP (Child Exploitation and Online Protection Centre) called Exposed, the website That's Not Cool, and the NSPCC's programmes Net Aware and Share Aware. Links of all of the websites and resources mentioned above are as follows:

Parents Protect website www.parentsprotect.co.uk

Bridgewater NHS Health Visiting Service - The Health Visitors work to identify health and social needs through a universal service primarily to families with children under school age. They provide intervention to families to support them to maintain a safe and stimulating environment for their children. They support families when dealing with issues affecting their children and support families within the child protection arena.

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Tel: Grappenhall Clinic for South and Central Warrington – 01925 867908 Penketh Clinic for West and Central Warrington – 01925 867928 Birchwood Clinic for East and Central Warrington – 01925 843868 Website: www.bridgewater.nhs.uk/healthvisitingervice

Child Development Centre (CDC) - A multi-disciplinary assessment centre predominantly for pre- school children in Warrington that provides specialist help when there are concerns about a child's development. Tel: 01925 867867

Community Paediatricians - work with other professionals and provide specialist advice and services for a range of problems that affects a child's health and development including medical assessment and advice for children who may have special educational needs; medical assessment and advice for children looked after by the Local Authority; medical advice where there are child protection concerns including an on call service for examination of children referred by children's social care or police public protection unit (PPU).

Tel: 01925 867876

Website:

<http://warrington.fsd.org.uk/kb5/warrington/fsd/organisation.page?id=sndxgSBzGwY>

Email: enquiries@bridgewater.nhs.uk

Hearing Impairment and Paediatric Audiology Teams - Based at the CDC, this team work with children up to the age of 19. On offer is advice to schools and parents, a parent and toddler group, and assessments on listening abilities and speech. The team has an open referral policy.

Tel: 01925 867867

Paediatric Physiotherapy Teams - The team aims to provide a high quality physiotherapy meet the needs of children and young people aged 0-16, up to 19 if attending a special school. Support the child and family. The team looks at physical needs and development, including complex long term medical, social and learning needs; neurological conditions; developmental problems; orthopaedic conditions; respiratory conditions. Musculoskeletal conditions are not within the current remit unless there is a underlying paediatric condition.

Tel: 01925 867854

PART (Paediatric Acute Response Team) - Based at Bath Street Health and Wellbeing

Centre in Warrington, the team treats and monitors under-18s who have minor illnesses like fever, diarrhoea and urinary tract infections. Wound dressings and removal of stitches are also offered.

Tel: 01925 867900

Speech and Language Therapy - Based at Health Services at Wolves and at the CDC, this service works with children aged up to 16 (or 19 if they have complex needs) who have persistent speech and language problems. A huge range of needs is covered including cerebral palsy, SEN and sign language. The service also offers bespoke training.

Tel: 01925 251389 (Wolves)/ 01925 867867 (CDC)

Website: www.bridgewater.nhs.uk/warrington/paediatricspeechandlanguagetherapy/

Visual Impairment Teams - Based at Woolston Learning Village, this team work with any child 0-19, or up to 25 if they have complex needs, with a visual impairment, their families, settings (e.g. nursery, childminder) and other professionals. On offer is advice (e.g. how to play), home visits, a parent and toddler groups, and supplying large print books.

Tel: 01925 442917

Website: <http://warrington.fsd.org.uk/kb5/warrington/fsd/service.page?id=LGJVheYEOss>

Warrington Borough Council@ Educational Psychology Team - The team is largely concerned with school aged children, but can work with under-fives and young adults post-education who have complex needs, who may have learning difficulties, SEMH (Social, Educational, Mental Health) needs. The team will also train school staff as to how to help children with SEMH needs.

Tel: 01925 442917

CAMHS Warrington (Child and Adolescent Mental Health Services) - CAMHS aim to work with young people aged up to 18 and help with problems or worries such as feeling depressed, not enjoying food, feeling panicked or scared, having trouble concentrating, or having problems in family life.

Tel: 01925 575904

Website: <https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service>

ChildLine - A free 24-hour counselling service which helps children and young people to cope with any issue causing them distress or concern such as abuse, bullying, mental illness, parental separation or divorce, pregnancy and substance misuse.

Tel: 0800 1111

Website: www.childline.org.uk

YoungMinds - The UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.

Tel: 020 7089 5050

Website: www.youngminds.org.uk

Email: ymentquiries@youngminds.org.uk

Drug and Alcohol Issues:

Footsteps - A charity, working in Warrington and St Helens, that listens and gives information and support to anyone affected by someone else's drug or alcohol use.

Tel: 01925 244 524 / 01744 808 212

Website: www.footstepsforfamilies.org Email: info@footstepsforfamilies.org

FEDUP (NSPCC service) - Family Environment: Drug Using Parents (FEDUP) helps children and families where one or both parents misuse drugs or alcohol. Tel: 01925 581200 Website: www.nspcc.org.uk Email: cheshire@nspcc.org.uk
Family Function, Relationships and Safety

CAFCASS (Children and Family Court Advisory and Support Service) - When an application is made to the family court, a CAFCASS officer is usually allocated to the case. A CAFCASS officer is there to advocate and ensure the interests of the child are central to proceedings. CAFCASS officer will collect information from a range of different sources (i.e. social care, Police) and will complete work with the children/child involved to ensure the child's views and wishes are central to involvement.

CAFCASS officer will often make a recommendation to the court/judge regarding the child care arrangement order.

Tel: 0300 456 4000

Website: www.cafcass.gov.uk

Email: Telephoneenquiries@cafcass.gsi.gov.uk

Childnet - A non-profit organisation that works in partnership with others to help make the internet a great and safe place for children. Childnet works directly with children and young people as well as parents, carers, teachers and professionals to find out about their real experiences online, and the positive things they are doing as well as sharing safety advice.

Tel: 020 7639 6967

Website: www.childnet.com

Email: info@childnet.com

Galop - A UK organisation dedicated to confronting and eliminating domestic violence and abuse within and against the LGBT communities.

Tel: 0800 999 5428

Website: www.galop.org.uk Email: help@galop.org.uk

NSPCC: Domestic Abuse Recovering Together (DART) programme - A 10-week programme helping mothers and children aged 7 to 11 years strengthen their relationship following domestic abuse.

Tel: 01925 873000

Website: www.nspcc.org.uk / www.nspcc.org.uk/services-and-resources/servicesfor-children-and-families/dart-domestic-abuse-recovering-together/

Email: cheshire@nspcc.org.uk

NSPCC Warrington - The society provides an open access drop-in service for young people aged 8-20, offering support, advice, opportunities and fun. We also provide therapeutic services for children and families where there is domestic violence.

Tel: 01925 581200

Website: www.nspcc.org.uk Email: cheshire@nspcc.org.uk

PAPYRUS - PAPYRUS, who has a base in Warrington, aim to reduce the number of young people who take their own lives by shattering the stigma around suicide and equipping young people and their communities with the skills to recognise and respond to suicidal behaviour. They provide confidential help and advice to young people and anyone worried about a young person, and help others to prevent young suicide by working with and training professionals. PAPYRUS also operate HOPELineUK; a specialist telephone service staffed by trained professionals who give non-judgemental support, practical advice and information to children, teenagers and young people up to the age of 35 who are worried about how they are feeling or anyone who is concerned about a young person.

Tel: 01925 572 444 (Warrington office) / 0800 068 41 41 (HOPELineUK) Website: www.papyrus-uk.org

Email: admin@papyrus-uk.org

Parents Protect - An information and resources website which aims to raise awareness about child sexual abuse, answer questions and give adults the information, advice, support and facts, they need to help protect children.

Tel: 0808 1000 900

Website: www.parentsprotect.co.uk

St Joseph's Family Centre - This agency offers a range of services for helping adults and children experiencing relationship difficulties such as family contact, family mediation, bereavement, parenting skills and anger management.

Tel: 01925 635448

Sexuality and Gender

FFLAG (Families and Friends of Lesbians and Gays) - A national voluntary organisation and registered charity dedicated to supporting parents and their lesbian, gay and bisexual daughters and sons.

Tel: 0845 652 0311

Website: www.fflag.org.uk

Finances and Housing

CAP (Christians Against Poverty) - A free-to-use debt counselling charity, that has a base in Warrington, that offers help and advice to anyone affected by debt, regardless of their faith. Tel: 01274 760 720 Website: www.capuk.org Email: info@capuk.org

Warrington Housing Association - A social landlord that manages almost 1,300 properties across the borough. The Association uses its assets to reinvest in the local community and aims to help make Warrington a great place to live.

Tel: 01925 246810

Website: www.wha.org.uk Email: admin@wha.org.uk

Preventing Extremism

Prevent for Further Education and Training - An online resource that aims to help practitioners protect young people from extremism.

Website: www.preventforfeandtraining.org.uk Email: prevent@etfoundation.co.uk